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Spring 2019



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**Nothing yet?** Why not keep my  
number for future reference?



**Monday: 8:45 – 2:45**

**Tuesday: 8:45 – 2:45**

**Wednesday: 8:45 – 2:45**

**Thursday: 8:45 – 2:45**

**Friday: 8:45 – 2:45**

**Call: 0777 3640139**

**staff@harrowbarrowpreschool.co.uk**

**www.harrowbarrowpreschool.co.uk**

\* Funding for 30 hours and 2 year olds subject to status

**The Carpenters Arms**

Lower Metherell, 01579 351148  
Charming 15<sup>th</sup> Century Pub.

Superb Selection of Delicious, Homemade  
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Traditional Sunday Roast. Stone Baked Pizzas  
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Live Music-Open Mic nights-Special Events- Discos  
Restaurant available for private hire. Free Wi-Fi  
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You Will Always Feel Welcomed.



**Harrowbarrow Post Office & Shop (Adrian & Mandy : 01579 350241)**

**Open: Mon, Wed, Thur, Fri, 8am - 1pm & 2 - 5.30pm; Tue & Sat 8 - 1pm**

*We look forward to serving you with:* general groceries, fresh bread &  
milk, cakes, local pasties, fresh fruit & vegetables. From the chilled  
cabinet: bacon, pâté, cream & cheeses, chilled drinks & ice creams. Also a selection  
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**Delectable Collectable Antiques:** from the 'in store' cabinet "Something for Everyone"

Items include jewelry, silver & unusual items of interest

Purchase from the eBay shop **delcolantiques** for delivery & payment in the shop, saving on postage!

**Kit Hill Alpacos:** "All our Alpaca products are made using our own fleece." See items in store.



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## SPRING DIARY 2019

Events held at Village Hall unless otherwise stated



### Reminder: Saturday 30 March - Annual Sale & Auction

Doors open at 1.45pm. Do encourage friends and family to attend and support in any way they can, to buy and donate to this worthwhile cause. Always many bargains to be had!

### April

Tue 02 SHAME monthly meeting	7pm
Wed 03 <b>All Saints Church</b> Community Coffee Morning	10am-12noon
Sat 06 W.I. 'Call for Coffee Morning'	10am - 12.30pm
Mon 08 & 29 Lunch Club	12 for 12.30pm
Wed 10 Guided Walk with Jean	2pm
Tue 16 Tamar Valley Flower Club - 'English Country Garden' - C.Hamilton	1.45pm
Tue 16 Film Club 'The Guernsey Literary & Potato Peel Pie Society'	7 for 7.30pm
Wed 17 W.I. 'The Filming of War Horse'	7.30pm
Thu 18 Chiropody Clinic	1.30pm onward

### May

Wed 01 <b>All Saints Church</b> Community Coffee Morning	10am-12noon
Mon 06 <b>MAY DAY celebrations</b>	<b>1pm</b>
Tue 07 SHAME monthly meeting	7pm
Wed 08 Guided Walk with Jean	2pm
Wed 08 Hall Management Committee meeting	7pm
Mon 13 Lunch Club	12 for 12.30pm
Wed 15 W.I. Resolutions meeting	7.30pm
Tue 21 Tamar Valley Flower Club 'April Showers bring more Flowers'	1.45pm
Tue 21 Film Club - 'The Zookeeper's Wife'	7 for 7.30pm
Tue 28 Community Association meeting (AGM)	7pm
Thu 30 Chiropody Clinic	1.30pm onward

### June

Mon 03 & 17 Lunch Club	12 for 12.30pm
Tue 04 SHAME monthly meeting	7pm
Wed 05 <b>All Saints Church</b> Community Coffee Morning	10am-12noon
Wed 12 Guided Walk with Jean	2pm
Tue 18 Film Club - 'The Secret life of Walter Mitty'	7 for 7.30pm
Wed 19 W.I. 'Mental health awareness'	7.30pm



### **Village Hall Bookings Secretary**

Lorraine Palmer, 2, School Lane, Harrowbarrow PL17 8BS  
tel: 01579 350911 e-mail: [lorriepalmer44@btinternet.com](mailto:lorriepalmer44@btinternet.com)

**PLEASE** contact Lorraine during reasonable hours,  
preferably not at weekends.

For details of charges, facilities etc. see the village website

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### **Village Website**

Please contact Karen Ward if you wish to post news of village events on the website: [karen.willowview@btinternet.com](mailto:karen.willowview@btinternet.com)/ tel no: 01579 351971

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### **WELCOME to the Villages**

Please contact Jean if you are new to the area and would like a WELCOME PACK with information on local businesses, groups you can join and other useful information.

Jean Miller : 01579 351081 [jean.g.miller@btinternet.com](mailto:jean.g.miller@btinternet.com)

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### **Dogs and the Village Hall.**

With a number of public events being held imminently at the Village Hall and in its surroundings, just a timely reminder of the policy of your Community Association with regard to the presence of dogs on the site.

As custodians of such an important, PRIVATE, village facility, the Community Association has determined that NO DOGS ARE ALLOWED AT THE VILLAGE HALL OR IN THE SURROUNDING GROUNDS with the exception of ASSISTANCE DOGS. This decision has been confirmed on a number of occasions after lengthy discussions and on medical advice, bearing in mind the widespread use of the site by young children.

Dog-owners, please support your Community Association in its endeavours to maintain our outstanding Village Hall facilities in good order for the benefit of all of us.

**Hall Management Committee**

# COMMUNITY PROJECT

Boules court

Picnic tables

Permanent table tennis table



## HELP

**THE VILLAGE HALL  
HARROWBARROW**

By PLEASE voting for this project with  
your TESCO BAGS OF HELP TOKENS

**During MARCH & APRIL**

If you are not offered a token at the checkout please ask for one.

## EVERY VOTE COUNTS

*Please find further details of the help you can give to the above project in the flyer enclosed with your Hamlet newsletter. Many thanks to Eileen for her enthusiastic, persistent and incredibly well organised campaign to provide new facilities for all of us to use in the grounds of the village hall.*



*Why not come along in support and see the hows and wherefores of all that is put on by the various groups and committees? You might feel inspired to play a part in our lively and varied village activities. All welcome!*

Tuesday 28 May 7.00 pm

Harrowbarrow and Metherell Community Association

38th ANNUAL GENERAL MEETING

In the GAMES ROOM of the VILLAGE HALL

Open to all residents who receive a copy of HAMLET

#### AGENDA

- 1 Chairman's Welcome and to receive Apologies for Absence (to the secretary please 01579 351081 /[jean.g.miller@btinternet.com](mailto:jean.g.miller@btinternet.com) )
- 2 To approve the Minutes of the last AGM (29/05/2018) and Matters Arising thereof
- 3 To receive the Chairman's Annual Report
- 4 To receive accounts for the year ended 31/03/19 and appoint an Independent Financial Examiner
- 5 To receive Annual Reports from the standing committees: Hall Management, Social, Film Club, Hamlet, Welcome Pack Team
- 6 To provide an update on the Village Hall Play Area
- 7 To express thanks to ALL the Community Association's volunteers
- 8 To invite for discussion, comments or suggestions to develop further the work of the Community Association for the benefit of the villagers
- 9 To elect Officers and Standing Committees for the ensuing year
- 10 Forthcoming Events
- 11 To fix the date of next AGM in the Village Hall





### *The New Lighting System at the Village Hall*

After a lot of work over the last two years, thinking, discussing, and deciding, the Village Hall now has a brand-new, modern, efficient and flexible lighting system!

The lighting that was installed when the hall was built in the 1990s was of a very high standard, a proud legacy of what the founders of the hall project achieved for us. In fact it was equipped from the very start as a compact theatre, and the equipment we have inherited was very good indeed. Many theatrical, musical, and event productions benefited from what the "Founding Fathers" (and Mothers!) of the Village Hall bequeathed to us.

Over twenty years later, the opportunity arose to improve even further upon that, using the most modern equipment and techniques available. To cut a long story short, the village hall can now offer a highly capable and flexible lighting system based on the modern standards - the "DMX 512 Protocol", for the enthusiasts. What does this mean in practice?

Well, it is immediately apparent upon entrance that there is a ring of lamps right around the circumference of the Hall. Sixteen of them, in fact, including those above the stage. These are "DMX LED ParCan" lamps, each one of which can shine out in almost any colour you can imagine - from deep red, through white, to Ultra-Violet (UV). And each one can shine different colours and brightnesses, if required. The original, theatre-standard "incandescent" lamps have also been retained, and a new digital controller added just for them. This allows us to use them in a more flexible and controllable way.

We also have six new "Moving Head" lamps of different types, that can throw light in patterns and colours all around the space.

Since the system was installed last Summer, we have hosted a big Wedding reception; an ambitious Dramatic production; a Flower show; a Halloween Special; two Harrowbarrow School concerts; and a special Birthday party. Each one was lit differently, and gave an ambience to the Hall that the overhead Fluorescent



lighting could never do. "Transformed" is the phrase that has been repeatedly used.

AND HERE IS THE IMPORTANT PART: the new lighting was designed to be used by everyone! With a little notice, a lighting setup can be arranged which can be stored onto a single button on a simple panel by the side of the stage. Let the Hall Management know, and lighting can be tailored to your event and on the day. You just turn up and press the button! Remember, it's not just a stage system - it can be used throughout the Hall!

So, please, take advantage of the hard work done by the Project Management team; make use of the most advanced and user-friendly community hall lighting system in Cornwall! You know it's a BRIGHT idea...

**Simon and Linda-Beth.**



### Huge Congratulations to SHAME

The last weekend in February saw the Biennial Panto production Aladdin. Directed by Mal Rowe this was by far the most ambitious production we have undertaken. With a cast of over 30 we saw some star performances. The two leads (Charlotte and Pippi Harris - nicked by Mal from TMT) really showed their talent, whilst Twanky's (Chris Pascoe) rendition of Diamonds are a Girls Best Friend brought the house down... Cameo performances by Chris (the Vic) and Sam De La Haye were also memorable...but for very different reasons! Within the villages we have seen the emergence of some real stars for the future with Nancy Harthill, Millie Wilde and Chloe Baker undoubtedly taking our leads in 2 years time, whilst a number of the younger members also put a marker down for the panto in 4 years. In fact, the whole cast excelled themselves, showing on stage the huge amount of effort they had put in in the preceding months. Our only cast disappointment was that Taylor Crawford contracted Chicken Pox two days before the performances, so was resigned to the subs bench, singing her heart out in the audience. The general feedback was fantastic with all saying how much they enjoyed it....so much to live up to next time. That said, these productions do not occur without a great deal of effort behind the scenes. In no particular order I personally must thank the costumiers, prompt,



choreographers, director and his able assistant, stage crew, tea makers, door and ticket sorters, not forgetting Simon and Linda Beth who gave the new hall lighting system its first real workout. What a huge improvement with so much versatility available to utilise..... And, talking utilising the lighting and sound systems, Simon and Linda Beth are looking for volunteers to be trained up to help with the sound and lighting for future events in the village hall. A training session will be held shortly and previous experience is not necessary. If you are interested then please call or email me on 01822 834264 or bevnrick@btinternet.com.... And now with that all over...I can get some sleep again!

Rick Stead, Chair SHAME

### *Line Dancing resumes at the Village Hall*

Thursdays from 7 to 9 pm



Shirley and Derek Cordier have kindly taken on leadership of the line dance group since the end of February and would be pleased to see both old and new members.

The evening cost is £3.50, with the first evening for any newcomer free. Tea/coffee/biscuits at halftime with a chance for a chat with members of this friendly group. Shirley and Derek will be pleased to see you, just turn up, give them a ring if wished, 01579 350912.



### **The Kit Hillbillies**

Saturday, 06 April, from 8pm

at St Andrew's Church, Calstock  
in aid of the Bells Restoration Fund

Free entry with retiring collection

"Excellent - See them soon"

Tim Dowling columnist 'The Guardian'

## W.I. Event in the village hall games room

Saturday 06 April 10.30 am- 12.30 pm

'Call for Coffee' morning

To raise funds to replace some glass in the red telephone box.

Raffles, cakes, plants and a white elephant stall.



## Harrowbarrow and Metherell Social Committee

After their very successful Quiz Night, the Social Committee looks forward to your support at the April *Beer and Cider Festival* and *The May Day celebrations* - with future events to be decided in due course. Many thanks to Lorraine and committee members for their continued hard work and innovative ideas to keep the community spirit vibrant and relevant to us, with something for everybody.

**This has been cancelled since sent to printers** Saturday 13th April  
TAMAR VALLEY PLASTIC-FREE BEER AND  
CIDER FESTIVAL.

Doors open at 11.30

Grand opening at 12.00

Come and join us for the first event of this type  
set in the beautiful setting of the Tamar Valley at  
HARROWBARROW & METHERELL VILLAGE  
HALL

A range of local real ales and boxed ciders,  
carefully presented for your delight. Food and  
entertainment during the day

Our mission aim is to respect the environment by  
being free from single use plastics

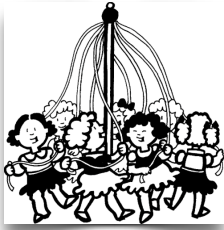
£15 Entry strictly by wrist-band purchased on the  
day. Includes £10 worth of tokens. Cash only. Bar by £2 tokens. No  
refunds.

PLEASE NOTE, NO WRIST BAND NO BEER.

Additional information 01579351008 or email

[cleavedesign.john@googlemail.com](mailto:cleavedesign.john@googlemail.com)





## MAY DAY CELEBRATIONS

**1 pm Monday 06 MAY**

**at the Village Hall**

Town Crier, Maypole Dancing

Stalls and Games

and lots of other activities:

Face painting, Books, Plants.

Various Refreshments, Cakes and Cream Teas, Ice Creams,

Licensed Bar,

Tombola & Raffle. Entertainment by The Westonaires.

The Arrow Barrows Display Team will close the afternoon's festivities.

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### **News from the Famous Arrowbarrows**

In 2009, Peter Brown and Graham Carter had an idea which started to take shape as more people became interested, usually after a few beers on a Friday at the Carpenters Arms. The official opening of the play park at Harrowbarrow was planned for the 2010

May Day celebrations. This became our focus and The Arrowbarrows was born for a one-off show to celebrate the opening. After that performance we were inundated with enquiries, a new script was written, the Red Barrow was introduced, and the Arrowbarrows became a hit on YouTube and through the web site **arrowbarrows.co.uk** (check it out). We were in demand, with over 50 displays, with requests from Derby to Penzance.

This year sees our 10th year of displays with our final one planned for Harrowbarrow May Day celebrations. We would have loved to continue but the lack of pilots (Barrow Operatives) means we cannot commit to future shows. We are sad to say goodbye so please come along to this year's May Day and cheer as the World Famous Arrowbarrows perform their last routine.

We have raised money for many local causes with a number of performers supporting us over the years so here is a big thank

you to: Mark Goodright, Simon Platten, Rachel Kaleta, Sara Rock, Carole and Samantha Carter, Andy Taplin, Dave Ward, Dave Stroud, Simon Matthews, Beccy Springbett, Harry Smale, Alice Matthews, Dylan and Alfie Taplin, Jessica and Amilee Carter-Evans, Talan and Kelly Carter-Schnepp, Rob Schnepp, Carolyn and Nick Helson, Jill, Phil, Josh and Jess Sloane, Malcolm Rowe, Helen Slevin, Anita and Chris Nash, Paul Thomas, Callum McGinley, Julius Taresch, Phil Holman, Dave Hansford, Rob Parkin, Andy Partridge, Peter, Sheila, Charlotte and Matthew Cox, Peter, Sheila and Scott Brown and, if I have missed anyone, please forgive me. All of the above have contributed to our success, from prop making to plot creating; it's been a great adventure.

Finally, thank you to all who have followed us over the years.

P.S. Find us four new pilots, and we would love to continue.

**Standing Down Graham Carter, Top Gun Squadron Leader.**

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*People.....People.....People*

***Congratulations to :*** Mary Davies on her ninetieth birthday in March. Long may she continue in her loyal and enthusiastic support of village events, as a lunch club member, as our longest-serving Hamlet distributor and as a much valued contributor.

**Welcome to new residents:** Steve Crick has returned from across the border, back to the Tamar Valley from Tavistock, along with his wife Angela and her parents Ken & Bet Whitby at 52 Honicombe Park.

**and to** Monty and Ann who have moved their on-line business 'Monty Classic Motorcycles' from Tavistock to Cross House, Metherell.

**Best Wishes to** Steve and Barbara Pridham on their retirement. Steve and staff at Pridhams Electrical Centre in Callington have provided a great service to local people for many years and they and the store will be much missed. We also thank Steve as a loyal, long serving and regular advertiser in Hamlet.

***Congratulations and good wishes*** to Claire and Henry Samuels on the early arrival in January of their baby boy Albie, the first grandchild of Julie and Mike Rowlands. The Samuels are, of course, well known to many, having lived at Rising Sun Cottages before moving to Bray Shop.

**Thanks to** Shirley Eveleigh who wrote the following:

"I much enjoyed Mary's poem in the last Hamlet, clever lady, I could not write verse of any description. It is also good to see some of Virginia's writing. The poem and a conversation with a new friend in the village prompted me to send the attached to you. I am a great admirer of the Dalai Lama, especially since visiting Tibet 20 years ago and have a copy of this in a frame in our study."

#### THE PARADOX OF OUR AGE by The Dalai Lama

We have bigger houses but smaller families  
More conveniences but less time  
We have more degrees but less sense  
More knowledge but less judgements  
More experts but more problems  
More medicines but less healthiness  
We've been all the way to the moon and back but  
have trouble crossing the street to meet the new neighbour  
We build more computers to hold more information  
to produce more copies than ever but have less  
communication  
We have become long on quantity but short on quality  
These are times of fast foods but slow digestion  
Tall man but short character  
Steep profits but shallow relationships  
It is a time when there is much in the window but nothing in  
the room

## **Mary Martin**

Summer Exhibition

Sunday 26 May to Sunday 02 June

Open 11 am to 6 pm every day. Free admission

West Brendon, St Dominic, Cornwall, PL12 6TB

Signed from St Dominic church and Ashton



Parking in field behind house involves a short walk downhill, so wear suitable footwear

For more details : 01579 350696

or make contact through Mary's website

[www.marymartin.co](http://www.marymartin.co)

Since her last exhibition in 2016 Mary has continued to paint, mostly out-of-doors in her beloved Tamar Valley, where skill and experience allow her to capture the area's brilliance, colour and special character. These 84 new works were painted in all seasons, from the heat of last summer to rare wintry mornings when frost sparkled on the valley's fields and woods. Expanses across the tidal river, from the summit of Kit Hill, over sea on the north coast, and towards Sharp Tor above the Lynher, contrast with shorter vistas in narrow lanes, ferny glades and orchards, full of blossom or underlain with shoals of apples and baskets of cherries. There are still-lifes of gathered narcissi catching early spring light on her kitchen window-sill and, from further away, paintings of southern France and heathery mountains in North Wales.

Visitors will be welcomed to see this latest collection of Mary's joyful work, arranged in the home of her sister and brother-in-law.

## **Allotment Update by Carol Watson**

Dear Readers,

It is a while since our last allotment update, so you will be heartened to hear we are still going strong! This spring we have a Duke of Edinburgh volunteer who is proving willing



and strong...a very important addition to us oldies! Hopefully we can inspire him as much as he inspires us, with his enthusiasm and willingness, to continue growing fruit and veg.

This year we are expanding our fruit section with white currants. We have also taken cuttings from our two red currant bushes.....a great favourite with the children and plan to prune our established and prolific black currants as we harvest this year. The deer tend to prune the gooseberries so we just have to remember to cover them!

We have also extended our strawberry season with some donated exotic sounding 'French' varieties. Hope to pick from June to October....watch this space! We are also planting runners from our established mid season 'English' variety.....just to keep the Brexit debate going!!

Reading some recent articles on vegan gardening, I have come to realise we meet the criteria for vegan growing. By growing nitrogen fixing crops, allowing crops to rot down and fertilise the soil and using wood ash, we add no chemical or animal fertilisers to our site. Also by rotating our growing sites we allow the soil to lie fallow and hopefully regenerate. This system has been in place for the last three years and last year we were virtually no dig....we did agree to dig a carrot/parsnip row, no weed.....again the carrot/parsnip row! and no watering....even with last summer's wonderful heat and lack of rain!

Our veg were amazing last year, giving us all the ingredients for coleslaw... all summer. Across the season, broccoli, Brussel sprouts, spring, autumn and winter cabbage, new and salad potatoes, beetroot, chard, broad, runner and French beans, sweet corn and more.....the list is as long as our growers "like to eat" list! All this, as well as prize-winning fruit and veg at Harrowbarrow and Callington shows, for an hour a month and £35 a year!

Spaces are available for keen fresh fruit and veg eaters!



Call 07443933989 for details.



## *Saturday 13 July Harrowbarrow & Metherell Annual Show*

After a  
balmy early  
sign of  
will surely turn  
Village Show.  
important



benevolent winter and  
spring weather, a sure  
impending summer  
your thoughts to the  
The Show is an  
summer event, giving  
and old(er), an

everyone, young  
opportunity to shine in the different classes in art, crafts,  
photography, flowers, cookery and produce, as well as the more  
obvious vegetables and fruit. The prize of a fine rosette or even a  
cup is a great incentive but it is always taking part which brings the  
greatest satisfaction - feeling a part of a central event in the village  
and the only one which gives everyone that opportunity.

We have some interesting new classes which we hope will  
encourage everyone so may I ask that you all read the Schedule  
carefully (printed at the back of the last Hamlet) to see what YOU  
can enter using your skill or speciality.

Steve Matcham, Chair

**Please note:** the change to Flower Arrangement Class 12. Instead  
of **Age of Elegance** it is now **100 Years of the WI**

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### **Calstock Parish Local History Group**

Last Saturday in the month 7.30pm at the Methodist Chapel in  
Albaston followed by refreshments  
Entry £1 members, £2 non-members

30 March: 'Wars of the Roses' by Mark Smith, Callington Portreeve.,  
He will tell how the war started and of the political and royal  
intrigues and battles.

Please note: a change to the advertised talk on April 27th from 'The  
Life of a Parish Clerk' to 'Turner in Cornwall' by Dorothy Kirk who  
will talk about her continuing research into the artist J.M.W. Turner

During the summer months guided walks and visits are arranged.  
18th May 7.00 - 9.00 Stephen Docksey will lead a walk round  
Tavistock Wharves



## Mobile Library

Thursdays 11 April, 09 May, 06 June

Honicombe Park 15.05 - 15.25

Lower Methereil 15.35 - 15.55

## Birds Report

Already three months into 2019 and the weather patterns we have experienced in February have been phenomenal: so much so that there have been reports seen of Tawny Owl chicks outside their nest which is unheard of in the UK - and they are not the only species which have started early.

I have heard of a company trying to drive the regular chimney sweeps in the village out of business. There have been reports during my time of writing for Hamlet of Jackdaws getting stuck down chimneys and causing quite a stir, with professional help summoned, as well as the RSPB to try and coax the bird out of the said chimney or room. When all ended well, with the bird returned to the wild and the house owner happy that the chimney was swept, the sweep had not cleaned up properly - so beware of these rogue traders!

I have had a mixed start to the year and was restricted to barracks for a couple of weeks with my feet up. I sat in a comfy chair strategically placed with a good view of the garden, binoculars close to hand and a good book. I then set about watching what went on in the garden during the time we are normally at work. The highlight was spotting female Black Caps feeding on the remains of the crab apples in the garden, also a Grey Wagtail which I only see once in a blue moon.



Apart from the normal visitors to the garden, plus a badger and fox, I think I should mention the ones I have **not** seen during the winter period in a while, which is a bit worrying, Yellow Hammer, Siskin, House Sparrow, Brambling. Let's hope this is only a blip. In the next few months listen for sounds of the Cuckoo, and look out for Swallows, Swifts and House Martins which always brighten up my day - hopefully yours

too. [geoffreyhroberts@btinternet](mailto:geoffreyhroberts@btinternet) for any sightings to report or questions.



**Tamar Valley Community Bus**  
*trips & outings for all ages*

**BOOK with Mavis 01822 833412 Mon-Fri 10am-5pm**

**WEEKLY**

Wed	9.30 - 1.30	Callington / Co-op / Tesco - £3
Thur	9.45 - 12.15	Post Office Gunnislake / Coffee morning
Fri	9.30 - 2.30	Tavistock / Morrisons - £3

**MONTHLY**

		Depart	Home
1st Mon(except Bank Hol.)	U3A Callington	£3 9.30	12.30
2nd Mon	Friendship Club		
2nd Tue	Trago Mills(free to concess)	£5 10.00	4.00
3rd Mon	Truro(free to concess)	£8 9.30	5.00

**May - booking opens Wed 10 April**

Tue 07	Afternoon Tea	£4	1.30	4.00
Thu 16	Callington /Library	£3	1.30	3.30
Tue 21	Bude & Brookes Gdn Centre	£6	9.30	5.00
Tue 28	Pub Lunch	£5	11.00	4.00

**June - booking opens Wed 08 May**

Tue 04	Afternoon Tea	£4	1.30	4.00
Thu 06	Callington /Library	£3	1.30	3.30
Tue 18	Seaton Tramway	£6	9.30	5.00
Mon 24	Fowey	£8	9.30	5.00
Tue 25	Pub Lunch	£5	11.00	4.00
Thu 27	Callington /Library	£3	1.30	3.30

*Harrowbarrow Open Gardens in aid of St Luke's Hospice*  
The Open Gardens will take place on Sunday 14 July.  
It will be the fourth year of this great community event  
which is an enjoyable and interesting way to support St  
Luke's. Car Parking and Refreshments at the Village  
Hall. If you would like any more information please  
contact Norma & Graham : 01579 351981

Cakes will be needed. Please bring to the village hall on the day!



### PEDESTRIANS TAKE CARE !

Recently, a local couple, out walking,  
narrowly missed being struck by a van  
careering erratically through the village,  
pursued at speed by a police car. It  
transpired that the van, having been  
'stingered', was driving on its wheel rims.

When the van was eventually halted in  
Fullaford Road, it was found to contain firearms and a large  
quantity of drugs.

Although obviously highly unusual, this event highlights the  
danger posed to pedestrians by vehicles being driven at speed  
through our narrow roads where, frequently, there is not room for  
even two cars to pass each other.

For pedestrians, the advice about wearing high-visibility clothing  
might also include a suggestion that on hearing an approaching  
vehicle one should :-

**STOP AND GET AS CLOSE TO THE HEDGE AS POSSIBLE  
UNTIL THE VEHICLE HAS PASSED.**

Walking is so good for us and enjoyable but we need  
to be careful.



### Calstock Footpath Society

Spring is nothing if not unpredictable, with heady  
days of warm sunshine bringing us all out to enjoy  
our flowering countryside before heading back inside

when the storms arrive, chasing us with rain, hail and strong winds! How quickly dry, dusty paths can turn muddy and slippery and we appreciate our walking boots and poles to aid balance.

We recently calculated that there are just over 14 miles of Public Rights of Way in Calstock parish, volunteers from CFS monitor these on behalf of the Parish Council. Whereas our Walk Guides offer over 40 miles of circular walks! Why the difference? It's all those connecting lanes, quiet roads and permissive paths that link together the actual bits of legally-allowed public access. Find us on [harrowbarrow-metherell-village-hall.btck.co.uk](http://harrowbarrow-metherell-village-hall.btck.co.uk) by following the Calstock Footpath Society link.

A recent bid by Cornwall Council's Countryside Access Team to get extra funding to deal with a 10-year plus backlog of public right of way queries failed, which is of concern. Visitors and residents alike love walking in Cornwall's peace and beauty, and long may this continue.

Locally, we await the full planning application for the renewed flood protection at Calstock with interest. The steering group (Environment Agency, Dorothy Kirk - Cornwall Councillor, Alastair Tinto - Parish Councillor, Tamar Community Trust, Calstock Footpath Society, Cornwall Wildlife Trust, Tamar Valley AONB) are working together to see how we can enable the future of the popular permissive path alongside the River Tamar as part of much-needed flood protection. When the plans have been published, they will be available to see at Calstock Village Hall.

In April, May and June we head into our neighbouring parishes to experience upper and lower reaches of the Walkham Valley and ancient woodlands on the outskirts of our ocean city of Plymouth. More details on our website or contact me. You are very welcome to join us.

Juliet Hilary [calstockfootpath@gmail.com](mailto:calstockfootpath@gmail.com) / [www.cfs.btck.co.uk](http://www.cfs.btck.co.uk)

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*TAMAR AREA PROSTATE SUPPORT (TAPS)*

NEXT MEETING: WED 03 APRIL 6.30 PM CALLINGTON TOWN HALL

**Note venue change**

TOPIC: Small group discussions on coping with longer term side effects after treatment for prostate cancer.

Plus a separate group for wives and partners.

TAPS supports patients in the Tamar Valley area who are in the process of being diagnosed, treated or in the post-treatment phase of prostate cancer. The group meetings will provide relevant information on prostate cancer, encourage supportive discussion with others in the same boat, and provide advice and support from those who have been before you.

The Group is very informal and are open to men and their partners/friends. Although TAPS was established by the TVH Practice and its Patient Group, the aim is for TAPS to be self-sufficient in its organisation and funding. It meets on the first Wednesday of the month at 6.30 pm, **normally** at Callington Health Centre. For some monthly meetings a specialist speaker may be arranged, and on other occasions there will be semi-structured discussions or other activities.

ANYONE WORRIED ABOUT PROSTATE CANCER OR INTERESTED IS WELCOME TO JOIN THE GROUP

Chris Greensted 01822 834797/c.greensted@plymouth.ac.uk

*Do you know your area Quiz?*

1. Where is an obelisk in memory of a pet pig Cupid?
2. What is the Men-an-tol?
3. Which valley is depicted in Turner's 'Crossing the Brook'?
4. What creature did Parson Hawker take with him when visiting his congregation?
5. A castle in Cornwall was the stronghold of Edward the Black Prince. Which was it?
6. Bodmin Riding is a medieval festival held when?

*Answers on next page*

Deadline for next Hamlet (Summer) contributions :  
BEFORE 15 June

Diary dates and events etc. for July, August, September 2019  
01579 350329 sallyeccles1@gmail.com

### *Easter brainteaser*

*My first is in Easter but not in heaven*

"	<i>Psalms</i>	"	<i>Melodies</i>
"	<i>Herod</i>	"	<i>Caiaphas</i>
"	<i>Disciple</i>	"	<i>Apostle</i>
"	<i>Candle</i>	"	<i>Light</i>
"	<i>Naughty</i>	"	<i>Punishment</i>
"	<i>Celebration</i>	"	<i>Happiness</i>
"	<i>Traitor</i>	"	<i>Hangman</i>
"	<i>Simmelcake</i>	"	<i>Chocolate</i>
"	<i>Feasting</i>	"	<i>Dancing</i>



*What am I? (see next page for answer)*

1. At Cremyll outside Mount Edgecumbe Estate.
2. An ancient monument consisting of a circular stone with a circular hole in the middle between two upright stones - near Madron to Morvah road.
3. He painted the picture looking down over Gunnislake celebrating the beauty of the Tamar Valley. An incidental was a five storied miner's hostel (demolished in 1920) where beds never grew cold as one miner went on shift and one came off shift and took up the bed that had just been left.
4. A black Berkshire pig named Gip.
5. Restormel Castle, Lostwithiel.
6. In July to celebrate the passing of Spring and coming of Summer. The date was changed from St. Petroc's Feast, 4th June by the Saxon King Edgar to 8th July. It celebrates the return of St. Petroc's bones and the 1549 Prayer Book Rebellion.

*Finally, a joke:*

All the crew had been saved but one poor fellow was brought ashore unconscious. The curate turned to the onlookers . "How do you usually proceed in the case of one apparently drowned?" "Search his pockets."

Answer to Easter Brainteaser is : SPRINGTIME

Thank  
You

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Happy  
Easter



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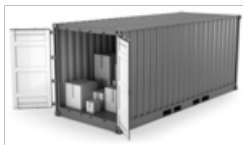
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